



The Havan (Agnihotra) Pdf book

(The Havan ceremony as performed by the Arya Samaj)

This free e-book is prepared by Pt. Jag B Mahadeo, The Mahadeo Foundation & <http://www.theheartofthesun.com>

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Aachmann

Sip water from the right palm 3 times after each mantra;

Om amrito pas-taranam-asi swaahaa.

Om amrita-pidhaanam-asi swaahaa.

Om Satyam yashah shreer mayi shreeh shra-ya-taam swaahaa.

Anga-Sparsha

Take water in the left palm. Using the middle and ring finger of the right hand, touch the water in the left palm and then touch the different parts of the body after each mantra.

Om vaang ma aasye 'stu.....(lips)

Om nador me praano 'stu.....(nostrils)

Om akshnor me chakshur astu.....(eyes)

Om karna-yor me shro-tam astu.....(ears)

Om baah-wor me balam astu.....(arms)

Om oor-wor ma ojo 'stu.....(thighs)

Om arish-taani me'ngaani tanoos tanwaa me saha santu.....(all over)

Eeshvar Stuti, Praathana Aur Upaasanaa

1

Om Vishwaani deva savitur

duritaani paraa-suva.

Yad bhadram tan-na aasuva.

2

Hiranya-garbhah sama-var-tataa-gre

bhootasya jaatah patir eka aaseet.

Sa daa dhaara prithiveem dyaam ute-maam

kasmai devaaya havishaa vidhema.

3

Ya aat-madaa bala-daa yasya vishwa

upaasate prashisham yasya devaah.

Yasya chhaayaa 'mritam yasya mrityuh

kasmai devaaya havishaa vidhema.

4

Yah praana-to nimisha-to mahit-waika

id raajaa jagato babhoowa.

Ya eeshe asya dwipa-dash chatush-padah

kasmai devaaya havishaa vidhema.

5

*Yena dyaur-ugraa prithivee cha dridhaa
yena swah stabhitam yena naakah.
Yo antarikshe rajaso vimaanah
kasmai devaaya havishaa vidhema.*

6

*Prajaa-pate! Na twad etaan-yanyo
vishwaa jaataani pari taa babhoowa.
Yat kaamaas-te juhumas tan-no astu
vayam syaama patayo rayeenaam.*

7

*Sano bandhur janitaa sa vidhaataa
dhaamaani veda bhuwa-naani vishwaa.
Yatra devaa amritam aa-na-shaanaas
triteeye dhaaman a-dhyair-ayanta.*

8

*Agne! Naya su-pathaa raaye asmaan
vishwaani deva vayunaani vidwaan.
Yuyo-dhyas-maj juhuraanam eno
bhooyish-thaan te nama uktim vidhema.*

Svasti Vaachanam

1

*Om agni meede purohitam
yajyasya deva-mrit-wijam.
Hotaaram ratna-dhaatamam.*

2

*Om sa nah piteva soonave
agne soopaa-yano bhava.
Sachas-waa nah swastaye.*

3

*Om swasti no mimeetaam-ashwinaa bhagah
swasti dev-yaditir anar-vanah.
Swasti pooshaa asuro dadhaatu nah
swasti dyaawaa prithivee suche-tunaa.*

4

*Om swastaye vaayu-mupa bravaa-mahai
somam swasti bhuwa-nasya yas patih.
Brihaspatim sarvaganam swastaye
swastaya aadit-yaaso bhawantu nah.*

5

*Om vishwe devaa no adyaa swastaye
vaish-waa-naro vasu-ragnih swastaye.
Devaa avantu ribhawah swastaye
swasti no rudrah paat-wam-hasah.*

6

*Om swasti mitraa varunaa
swasti pathye revati.
Swasti na indrash chaag-nish cha
swasti no adite kridhi.*

7

*Om swasti panthaam anucharema
sooryaa chandra-masaa viva.
Punar dada-taagh-nataa
jaana-taa sanga-memahi.*

Atha Shaanti Karanam

1

*Shanna indraagni bhawa-taam avobhah
shanna indraa varunaa raata-havyaa.
Shamindraa somaa su-vi-taaya shamyoh
shanna indraa poosha-naa vaaja-saatau.*

2

*Shanno bhagah shamu nah shanso astu
shannah puran-dhah shamu santu raayah.
Shannah satyasya su-yamasya shansah
shanno aryamaa puru-jaato astu.*

3

*Shanno dhaataa shamu dhartaa no astu
shanna u-roo-chee bhawatu swa-dhaabhih.
Sham rodasee brihatee shanno adrih
shanno dewaanaam suha-waani santu.*

4

*Shanno agnih jyotir aneeko astu
shanno mitraa varunaa vash-vinaa sham.
Shannah sukritaam sukritaani santu
shanna ishira abhi vaatu vaatah.*

5

*Shanno dyaavaa prithivee poorva-hootau
sham anta-riksham drishaye no astu.
Shanna osha-dheer vanino bhawantu
shanno rajasas patirastu jishnuh.*

6

*Shanna indro vasu-bhir devo astu
sham aaditye-bhir varunah su-shansah.
Shanno rudro rudre-bhir jalaashah
shannas twash-taag-naa-bhi-riha shri-notu.*

*Shannah somo bhavatu brahma shannah
shanno graa-vaa-nah shamu santu yaj-yaah.
Shannah swaroo-naam mitayo bhawantu
shannah praswah praswah sham vastu vedih.*

Atha Shiva Sankalpa Mantra

That, my mind which is ever-wakeful, and that is always active and covers distances even in sleep! All my actions results from those thoughts which emanates from my mind. This mind which if only I can control will bring me that elusive peace! I pray O God that may that, my mind be filled with beautiful and benevolent thoughts.

1

*Om Yaj jaagrato dooram udaiti daivam
tadu suptasya tathai-vaiti.
Doo-ranga-mam jyotishaam jyoti-rekam
tan-me manah shiva-sankalpam astu.*

2

*Om Yena karmaan-yapaso manee-shino
yaj-ye krinvanti vida-the-shu dheeraah.
Yada-poorvam yak-sham antah prajaa-naam
tan-me manah shiva-sankalpam astu.*

3

*Om Yat praj-yaanam uta cheto dhritish cha
yaj-jyotir antar amritam prajaasu.
Yasmaan na rite kin-chana karma kriyate
tan-me manah shiva-sankalpam astu.*

4

*Om Yene-dam bhootam bhuwa-nam bhavish-yat
pari-gri-heetam amritena sarvam.
Yena yaj-yas taayate sapta hotaa
tan-me manah shiva-sankalpam astu.*

5

*Om Yasminn richah saama yajoomshi
yasmin pratish-thi-taa ratha-naa-bhaa-vi-vaa-raah.
Yas-minsh-chittam sarva-motam prajaa-naam
tan-me manah shiva-sankalpam astu.*

6

*Om Su-shaa-rathir ash-waan iva yan manushyaan
ne-nee-yate bhee-shu-bhir vaa-jina iva.
Hrit pra-tish-tham yada-jiram javish-tham
tan-me manah shiva-sankalpam astu.*

7

*Om Sa nah pawas-wa shanga-ve
sham janaaya sha-mar-vate.
Sham raajan-nosha-dhee-bhyah.*

8

*Om Abhayan-nah karat-yanta-riksham
abhayam dyaawaa prithivee ubhe ime.
Abhayam pash-chaad abhayam puras-taad
utta-raad adha-raad abhayam no astu.*

9

*Abhayam mitraad abhayama mitraad
abhayam jyaa-taad abhayam parok-shaat.
Abhayam naktam abhayam divaa nah
sarvaa aashaa mama mitram bhawantu.*

Agne Aadhaan

Om bhoor bhuwah swah.

Kindle the Sacred Fire now

*Om bhoor bhuwah swar dyau-riva bhoomnaa
prithi-veeva varimaa.
Tasyaas-te prithivi deva-yajani!
Prish-the'gni mannaa da-manna dyaayaa dadhe.*

Place the Flames into the Kunda now

*Om ud-budhyas-waagne prati-jaagrihi
twam ishtaa poorte sam-srije-thaam ayan cha.
Asmiint sa-dhasthe adhyut-tarasmin
vishwe devaa yaja-maanash cha seedata.*

Fan the Fire during (if necessary), Causing it to Rise

Samid Aadhaana

Offering three Samidhaas (Pieces of Sacrificial Fuel)

1

*Om ayanta idhama aatamaa
jaata-vedas tene-dhyaswa ched-dha
vardhaya chaas-maan praja-yaa
pashu-bhir brahma-varchase naan-naa-dyena
samedhaya swaaha.
Idam agnaye, jaate vedase, idanna mama.*

Instructions: Offer the first Samidhaa here

2

*Om samidhaagnim duwasyata
ghritair bodhaya taa-ti-thim.
Aasmin havya juho-tana swaaha.
Idam agnaye, idanna mama.*

2a

*Om su-samid-dhaaya sho-chi-she
ghritam teevram juhutana
Agnaye jaata-vedase swaahaa.
Idam agnaye, jaata-vedase, idanna mama.*

Instructions: Here offer the second Samidhaa here

3

*Om tan-twaa samid-bhir-angiro
grikena vadha-yaamasi
Brihach chho-cha ya-vish-thya swaahaa.
Idam agnaye angirase, idanna mama.*

Instructions: Offer the third Samidhaa here

PANCHA GHRIT AAHUTI

Five Ghee Oblations with this mantra below

*Om ayanta idhama aatamaa
jaata-vedas tene-dhyaswa ched-dha
vardhaya chaas-maan praja-yaa
pashu-bhir brahma-varchase naan-naa-dyena
samedhaya swaaha.
Idam agnaye, jaate vedase, idanna mama.*

JALA SINCHANA

Sanctifying the Four Directions

As we pour water in the eastern direction we pray that O God, whenever we venture in the eastern direction, may we be guided by you. We pray the same as we pour in the other directions and when we encircle the kunda with the water we pray that O God, in which ever direction in this universe we go, bless us, guide us and lead us onto that path of righteousness so that we can attain Moksha from our difficulties and eternally.

1

*Om adite 'nu-man-yaswa.
Pour water to the East*

2

Om anumate 'nu-man-yaswa.

Pour water to the West

3

Om Saraswat-yanu-man-yaswa.
(Pour water to the North)

4

**Om deva savitah! prasuva yajyam
prasuva yajya-patim bhagaaya.
Divyo gandharwah keta-pooh
ketan-nah punaatu
vaachas-patir vaachan-nah swa-da-tu.**

Encircle the kunda 3 times in clockwise direction ending in the southern direction

Four Ghee Oblations

Instructions: Offer ghee into the fire as directed

1

Om agnaaye swaahaa.
Idam agnaye, idanna mama.
To the north edge of the fire

2

Om somaaya swaahaa.
Idam somaaya, idanna mama.
To the south edge of the fire

3

Om prajaa-pataye swaahaa
Idam prajaa-pataye, idanna mama.
In the Center

4

Om indraaya swaahaa.
Idam indraaya, idanna mama.
In the Center

Morning Ghee-Saamagree Oblations

If doing only one Havan service for the day, use both morning and evening mantras

1

Om sooryo jyotir jyotih sooryah swaahaa.

2

Om sooryo varcho jyotir varchah swaahaa.

3

Om jyothih sooryah sooryo jyothih swaahaa.

4

**Om sajoor devena savitraa
sajoo-rusha-sendra-vatyaa.
Jushaanah sooryo vetu swaahaa.**

Evening Ghee-Saamagree Oblations

1

Om agnir jyotir jyotir agnih swaahaa.

2

Om agnir varcho jyotir varchaah swaahaa.

3

Om agnir jyotir jyotir agnih swaahaa. (Silent offering)

4

*Om sajoor devena savitraa
sajoo-raatryen-dra-vatyaa.
Jushaanah agnir vetu swaahaa*

Morning and Evening Oblations of Ghee and Saamagree

1

*Om bhoo-rag-naye praanaaya swaahaa.
Idam agnaye praanaaya, idanna mama.*

2

*Om bhuwar-waaya-ve 'paanaa-ya swaahaa.
Idam vaaya-ve 'paanaa-ya, idanna mama.*

3

*Om swar-aadit-yaaya vyaanaa-ya swaahaa.
Idam aadit-yaaya vyaanaa-ya, idanna mama.*

4

*Om bhoor bhuwah swaragni vaay-va-ditye-bhyah
praana-paana vyaane-bhyah swaahaa.
Idam agni vaay-vaa-ditye-bhyah
praanaa-paana vyaane-bhyah, idanna mama.*

5

*Om aapo jyotee raso 'mritam brahma
bhoor bhuwah swar-om swaahaa.*

6

*Om yaam medhaam deva-ganaah
pitarash cho-paa-sate.
Tayaa maa-madya medhayaag-ne
medhaa-vinam kuru swaahaa.*

7

*Om vishwaani deva savitar
duritaani paraa-suva.
Yad bhadram tan-na aasuva swaaha.*

*Om agne naya su-pathaa raaye asmaan
vishwaani deva vayu-nani vidwaan.
Yuyo-dyas-maj juhuraanam eno
bhooyish-thaan te nama uktim vidhema swaahaa.*

Four Oblations of Ghee

1

*Om agnaye swaahaa.
Idam agnaye, idanna mama.
Offer onto the fire, to the North*

2

*Om somaaya swaahaa.
Idam somaaya, idanna mama.
South*

3

*Om prajaapataye swaahaa.
Idam prajaapataye, idanna mama.
Center*

4

*Om indraaya swaahaa.
Isam indraaya, idanna mama.
Center*

VYAAHRITI AAHUTI

Oblations of Ghee

1

*Om bhoor agnaye swaahaa.
Idam agnaye, idanna mama.*

2

*Om bhuwar vaayave swaahaa.
Idam vaaayave, idanna mama.*

3

*Om swar aadityaaya swaahaa.
Idam aadityaaya, idanna mama.*

4

*Om bhoor bhuwah swaragni vaayvaa-dityebhyah swaahaa.
Idam agni vaayvaa-dityebhyah, idanna mama.*

SWISHTA-KRIT AAHUI

Oblation with Bhaat cooked grains

O God we thank you for having provided us with sustenance, with food and energy. We ask O God that any of our fellow souls in this universe not go hungry. We offer this ahuti in reverence to thee and ask thee to help any who are less fortunate to find their own sustenance in this life.

***Om yad asya karmano 'tyaree-richam
yad waa nyoonam ihaa karam.
Agnish tat swishta-krid vidyaat
sarvam swish-tam su-hutam karotu me.
Agnaye swishta-krite su-huta-hute
sarva-praayash-chitta-huteenaam
kaamaa-naam samar-dhayi-tre
sarvaan nah kamaant samar-dhyaya swaahaa.
Idam agnaye, swishta-krite, idanna mama.***

Silent Oblation to Prajaapati with Ghee and Samaagree

Om prajaa-pata-ye swaahaa.

PAVA-MAAN AAHUTI

Oblations for Purification and Enlightenment

1

***Om bhoor bhuvah swah.
Agnaa aayoomshi pawasa
aa-suvor jamisham cha nah.
Aare baadhas-wa duch-chhu-naam swaahaa.
Idam agnaye pwa-maanaa-ya, idanna mama.***

2

***Om bhoor bhuvah swah.
Agnir rishih pawa-maanah
paancha-janyah purohitah.
Tamee-mahe mahaa-gayam swaaha.
Idam agnaye pawa-maanaa-ya, idanna mama.***

3

*Om bhoor bhuvah swah.
Agne pawas-wa swa-paa
asme varchah su-veeryam.
Dadhad rayim mayi posham swaahaa.
Idam agnaye pawa-maanaa-ya, idanna mama.*

4

*Om bhoor bhuvah swah.
prajaa-pate! Na twad etaan-yanyo
vishwaa jaataani pari taa bahoowa
Yat kaamaas-te juhumas tan-no astu
vayam syaama patayo rayeenaam swaahaa.
idam prajaa-pataye, idanna mama.*

ASHT AAJYAA-HUTI

Eight Oblations for Auspiciousness

1

*Om twan-no agne varunasya vidwaan
devasya hedo 'vayaa-si-seesh-thaah.
Yajish-tho vahni-tamah shoshu-chaano
vishwaa dweshaan-si pra-mumug-dhyas-mat swaaha.
Idam agnee-varunaa-bhyaam, idanna mama.*

2

*Om sa twan-no agne 'vamo bhawo-tee
nedish-tho asyaa ushaso vyush-tau
Ava yak-shwa no varunam ra-raano
veehi mrideekam shuhawao na edhi swaahaa.
Idam agnee-varunaa-bhyaam, idanna mama.*

3

*Om imam me varuna shrudi
havyam adyaa cha mridaya.
Twaam awasyu-raacha-ke swaahaa.
Idam varunaaya, idanna mama.*

4

*Om tat-twaa yaami brahmanaa vanda-maanas
tad aashaas-te yajamaano havir-bhiih.
Aheda-maano varu-neha bo-dhyu-ru-shansa
maa na aayuh pra-mo-sheeh swaahaa.
Idam varunaaya, idanna mama.*

5

*Om ye te shatam varuna ye sahas-ram
yaj-yi-yaah paashaah vita-taa mahaantah.
Tebhir no adya savi-tota vishnur vishwe
mun-chantu marutah swar-kaah swaahaa.
Idam varunaaya savitre vishnave vishwe-bhyo
devebhyo marud-bhyah swarke-bhyah, idanna mama.*

6

*Om ayaash chaagne 'syana-bhi shasti-paash cha
satyam-it twam ayaa asi.
Ayaa no yajyam vahaas-ya-ya
no dhehi bhesha-jam swaaha.
Idam agnaye ayase, idanna mama.*

7

*Om ud-ut tamam varuna paasham-asmad
avaa-dhamam vi madhaya-mam shra-thaaya.
Atha vayam aaditya vrata
tavaa-naa-gaso adita-ye syaama swaahaa.
Idam varu-naayaa 'dit-yaayaa 'dita-ye cha, idanna mama.*

8

*Om bhawatan-nah sa-manasau
sa-cheta-saa vare-pasau.
Maa yajyam him sish-tam
maa yajyapatim jaataveda-sau
shivau bhawatam adya nah swaahaa.
Idam jaata-vedo-bhyaam, idanna mama.*

ATHA BRAHMA GAAYATREE SAAVITREE GURU MANTRA (3 times)

Oblation with Ghee and Saamagree

*Om bhoor bhuvah swah.
Tat savitur varenyam
bhargo devasya dheemahi.
Dhiyo yo nah pracho-dayaat swaahaa.*

*Tu ne hamen utpanna kiya. Paalan kar rahaa hai tu.
Tujh se hee paate praana ham. Dukhi yon ke kashta hartaa hai tu.*

*Tera mahaan teja hai, chhaaya hua sabhi sthan.
Srishti ki vastu vastu mein tu ho rahaa vidya maan.*

*Teraa hi dharte dhyaana ham, maangte hain teri dayaa
Ishvara hamaari budhi ko, sreshtha maarga par chala.*

*O Soul of Life, the Holy King of kings!
O God of all the regions, high and low,
O Lord of Joy, Whose Glory Nature sings,
Who shapes the earth and lets the mortals grow.*

*We seek Thy blessed Feet to meditate
Upon Thy Glorious Form of Holy Light
Which drives away the gloom of sins we hate
And makes the souls of righteous people bright.*

*My heart, O Father, meekly prays to Thee
To win Thy Grace, to make me good and wise,
And bless my mind with knowledge, full and free
From dark and vicious thoughts of sins and lies.*

Final Oblation for Completion

Instructions: Chant thrice, each time offering the remaining Ghee and Saamagree

Om Sarvam vai poornagvam swahaa.

***Om Sarve bhavantu sukhina;
Sarve santu niramayah;
sarve bhadrani pasyantu;
Ma kascit dukha bhagbhavet!***

***He eesh sab sukhee ho, ko-ee na ho dukhaa ree
Sab ho nirog bhagavan, dhan dhaanya ke bhandaa-ree
Sab bhadra bhaav dekhe, san maarg ke pathik ho
Dukhiyaa na ko-I howe, srishiti me praan-dhaaree***

***Om sam-sa-mid-yuvase vrishann-agne
vishvaani-arya aa
Hiras pade samidyase
sa no vasoon-yaa bhara***

O God, he who fulfills desires, you are the creator and master of the universe and you grant knowledge. We thank thee for the gift of life, knowledge & guidance. We pray that you lead us unto the moral & righteous path and bless us with prosperity. We ask you to shower us with the knowledge of Love as you Love O Lord.

***Om sam-ga-chadvam sam vadad-vam
sam vo manaamsi jaanataam.
Devaa bhaagam yathaa poorve
sam-jaananaa upaasate***

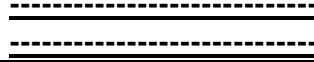
O man, love & be united together. Let your minds have the same thoughts to help each other to follow the path of righteousness and do your moral duties exemplified by your Gurus and enlightened ones.

***Om samaano mantrah samitih samaanee,
samaanam manah saha chittam-ashaam.
Samaanam mantram-abhi mantra-yevah,
samaanena vo havishaa juhomi.***

O Man let the object of your thoughts be one and the same. Let your thoughts lead to common goals and let your hearts be united in Love.

***Om samaanee va aapootih,
samaanaa hridayaani vah.
Samanam-astu vo mano,
yathaa vah susa-haa-sati.***

O Man, let your hearts be equal in feeling and let your minds be united together so that there can be a common bond of Love for all. You have the capacity to love as I love O Man. You are my children and you have unlimited potential. Use the intelligence which I have given to each of you to love each other and live in happiness O Man.



Aarti Bhajan

***Om Jaye Jagdish Hare, Swami Jaye Jagdish Hare
Bhagt Jano Ke Sankat, Kshan Mein Dur Kare ...***

***Maat-Pita Tum Mere, Sharan Gahun Kiskee
Tum Bin Aur Na Duja, Aas Karun Jiskee ...***

***Tum Puran Parmatma, Tum Antaryami
Par-Brahm Parmeshwar, Tum Sabke Swami ...***

***Tum Karuna Ke Saagar, Tum Palankarta
Deen dayaalu kripaalu, Kripa Karo Bharta ...***

***Vishay Vikaar Mitao, Paap Haro Deva
Shradha Bhakti Barao, Santan Ki Sewa ...***

Shaantih Paath

*Om dyauh shaanti-ranta-riksham shaantih
prithivee shaanti-raapah shaanti
rosha-dhayah shaantih.
Vanas-patayah shaantir vishwe devaah shaantir.
Brahma shaantih sarvam shaantih
shaanti-reva shaantih saa maa shanti-redhi
Om Shanti Shanti Shanti*

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Yog@theheartofthesun.com and
place your requests.*

*Thank you for being a seeker of knowledge and a believer in prayers.
May you find your Mind-Peace and reach your spiritual goals in this
journey of Life.*

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